



Redbridge Safeguarding Adults

Redbridge Safeguarding Adults Board



Safeguarding Adults in Redbridge - together we can stop abuse

Supporting adults at risk of abuse, neglect,
exploitation or harm to keep safe



Working to keep people safe

Everyone has a right to feel safe, and to live without fear of abuse, neglect or exploitation. Redbridge Safeguarding Adults Board partner organisations, which include the Local Authority, health services and the police are working to make life safer for adults who are most at risk of being harmed.

You can help this work by being aware that abuse can happen. You can make a difference by looking out for signs of abuse and reporting any concerns you may have.

Who is an adult at risk?

Someone 18 or over who may be:

- ▶ in need of care and support because of a disability or illness; and
- ▶ experiencing or is at risk of abuse or neglect; and
- ▶ as a result is unable to protect themselves from the risk or experience of abuse or neglect.

Who abuses and where does it happen?

Abuse can happen anywhere – in someone's home, a care home, at work, a day centre or a hospital. Anyone can act in a way that is abusive. It is important that you are alert to potential abuse at all times.

What is abuse?

Abuse is something that harms a person in some way, this includes:

Physical anything that causes physical harm including hitting, pushing, shaking or misuse of medication, restraint or inappropriate physical sanctions.

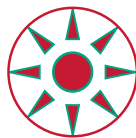
Domestic violence or abuse including psychological, physical, sexual, financial, emotional abuse and so called 'honour' based violence.

Sexual any sexual activity that a person does not understand or want, including sexual exploitation.

Psychological or emotional abuse including shouting, swearing or threats that make the person feel afraid or humiliated. This also includes cyberbullying, unreasonable and unjustified withdrawal of services or support networks.

Financial or material including theft, fraud, internet scamming, the illegal or improper use of a person's money, benefits, property (cuckooing), pension, bank account or other belongings.

Modern slavery including slavery, human trafficking, forced labour and domestic servitude that forces the person into a life of abuse and inhumane treatment.



Discriminatory including racist or sexist abuse or abuse based on a person's age, disability, gender, sexual orientation or religion.

Organisational including neglect and poor care within an institution or specific care setting such as a hospital, care home or care provided in a person's home.

Neglect and acts of omission not giving the help, support or treatment needed including not providing food, drink or medical care.

Self-neglect covers a range of behaviour neglecting to care for one's personal hygiene, health or surroundings.

Radicalisation where an individual or group is encouraged to adopt extreme political, social or religious ideals which could put them in danger.

Female Genital Mutilation (FGM) partial or total removal of the external female genitalia for non-medical reasons.

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Who can I speak to / what shall I do?

- ▶ if you are being abused, tell someone you trust
- ▶ if you have concerns about someone, find out what you can do to help
- ▶ if you are caring for someone in difficult circumstances, get help early from social services or a carers organisation
- ▶ report your concerns as early as possible - see contact details provided
- ▶ if you are being abused, tell someone you trust or call the Council's First Contact Team on **020 8708 7333** or **020 8553 5825** (evenings, weekends and public holidays)

What happens with my concerns?

We will take your concerns seriously. If someone is in danger, ensuring their safety will be of utmost importance.

We will involve the person whom the concern is about in all decision making and they will be invited to attend meetings to discuss this. They will be able to attend these meetings with their representative/advocate.

Trained staff will carry out a sensitive enquiry or assessment to decide how best to support you or the person whom the concern is about.

The help given, and what is done, will depend on the circumstances and results of the enquiries or assessment.

Support will be given to carers who are worried about harming the person they are looking after.

Getting help

Report any concerns you have about yourself or someone you are worried about as soon as possible



First Contact Team

Monday to Friday, 09:00 to 17:00

020 8708 7333

Email: adults.alert@redbridge.gov.uk

Emergency Duty Team

Evenings from 17:00, weekends and public holidays

020 8553 5825

Police

Non-emergency 101

In an emergency dial **999**

Samaritans

116 123 (free calls)

Reach Out Service

for support with domestic abuse

0800 1456410

Email: reachout@redbridge.gov.uk

or out of hours call **Refuge** on **0808 2000 247**

**More information, advice and contact numbers
are available on the following website:**

www.redbridge.gov.uk